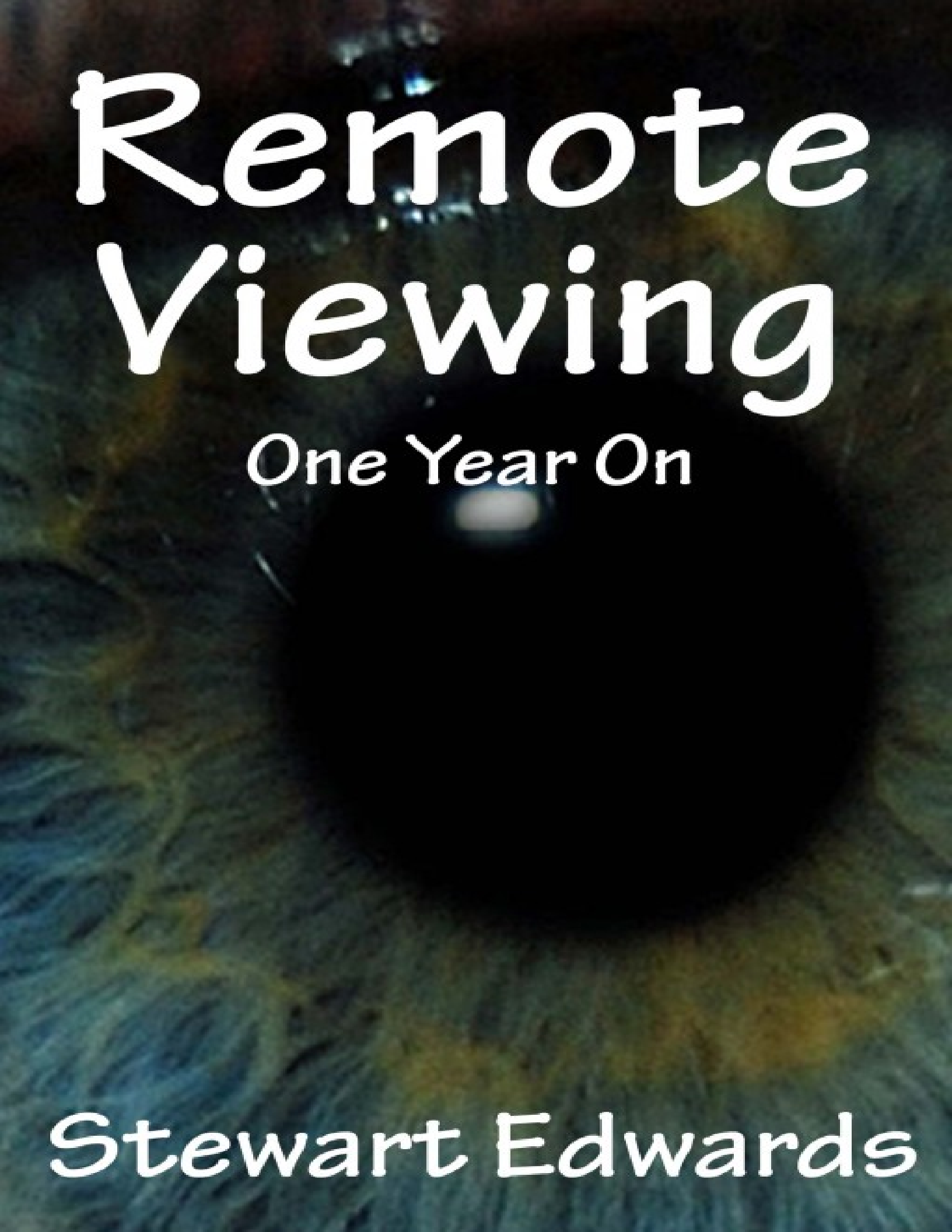
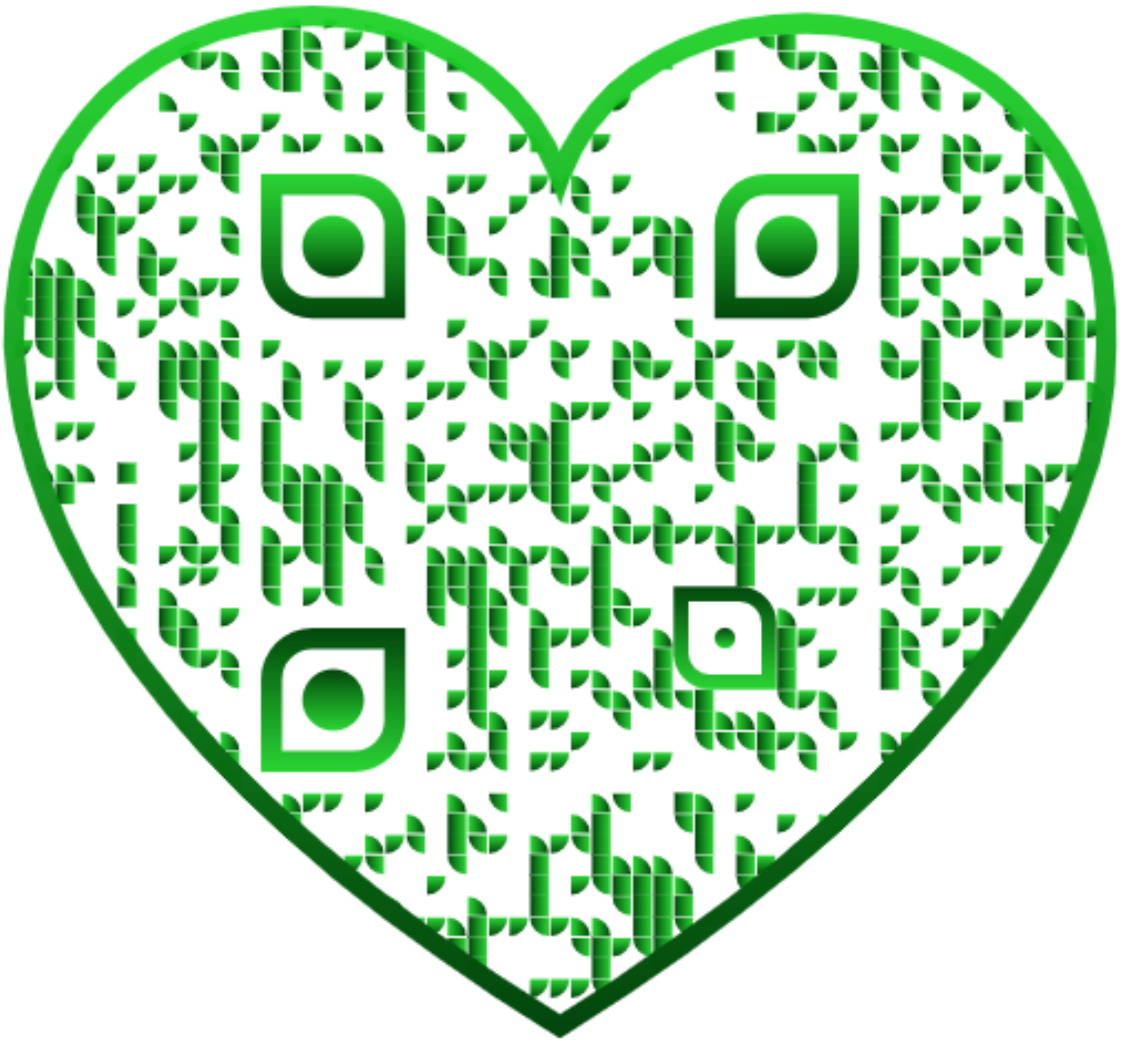

Remote Viewing
One Year On
Stewart Edwards



Remote Viewing

One Year On

Stewart Edwards

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This autobiographical account is dedicated to the Governments of the United Kingdom [my own] and of the United States of America for declassifying at least some of the work of their Remote Viewing activities and hence enabling my own personal development in this field.

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Introduction

This book is primarily aimed at two groups of people. Scientists, who I hope will use the raw data to help them investigate remote viewing. But more importantly to fellow beginners in the field who want a signpost as to what is possible. Now if you have been practicing remote viewing for a while you might know that you are doing better than I have, and if so – great! Well done. If, however you don't seem to be doing quite as well as me, don't be disheartened, after all I may simply have slogged more hours into it than you so far, and you could easily catch me up and overtake me. Not that that matters at all, for it is not a race, but a personal learning experience to be savoured and enjoyed.

To provide context I would recommend that new readers start with my prior books, "Remote Viewing My First Six Months" and then "Remote Viewing My Second Stage," before reading this volume. But to very briefly recap, about a year ago I decided to try remote viewing to see if there was anything in it, as it appeared to be nonsense, yet I had a niggle. It took me ages to access any targets and as time passed, with persistence and patience I have made progress. I have only tried the controlled remote viewing [crv] method. Another term you will read a lot is analytical overlay [aol] which can be thought of as your imagination trying to make sense of the impressions you feel. They are annoyingly common and one of the key issues in remote viewing is learning to silence yourself so that you can listen and then differentiate between your imagination and real feedback.

This book is structured to enable you to follow my own journey, so that you can see for yourself how I have travelled the route, how I trained, how I practiced, and my ups and downs along the way, along with my results of each session and my overall database of these results. This should give you a lot of data to work with and signposts to guide your way.

But first let's look at the feedback for the challenge that I set in my last book. If you haven't tried it and want to give it a go, please don't read any further until you have gone to my last book and thought about the challenge, for once you look it will be too late. The feedback will be in your mind and you could never hope to complete the challenge fairly.

I will say that while the challenge was difficult, and I doubt that I could have done it, it is also very simple and offered scope for both beginners and old hands alike. So decide now if you want to stop and go back to my previous book to see the challenge or whether to read on and see the feedback.

Challenge Feedback

Did you try the challenge in my last book? If so you probably want the feedback. And if not, you might want to try it before you read any further.

The challenge was quite simple. I used an unusual target coordinate number, which some of the old hands might not like, but I did it to get you to question, to try to make you a little curious. Hence my question mark as part of the target coordinates 231114?

Now as this is the first time I have ever tried targeting I may have messed it up, so if you didn't get it, it might be down to my lack of experience, and not you. All that I have read about how to target was from the United Kingdom Remote Viewer Daz Smith in his "Tasking Targets" paper which on 7 Feb 2015 was downloaded from http://www.remoteviewed.com/Tasking%20targets.pdf Anyhow if you were off target it could easily have been poor targeting on my behalf so don't worry. But we all have to start somewhere.

I decided to try targeting as it is a different skill set to viewing, as is analysis of viewing results, and quite frankly if I am able to get any good at it, it could lead to commercial opportunities to earn some money, perhaps in a global consultancy. Wishful thinking probably, but everything starts with a thought.

So what was the target I hear you ask? Well hold on for a moment as I explain how I access targets, which is slightly removed from the crv approach, which otherwise I do my very best to follow. I use the target coordinates to help me feel through to get the stage 1 ideograms, and doing this my ideograms used to be pretty spot on, fast. However it has to be said that recently my ideograms have been going a bit skewy, and I am currently reflecting hard and wide on why this is. However this skewyness does not seem to have affected my stage 2 data at all. However when I set this target my ideograms were spot on. I used each target coordinate element to place

markers to help you find the target. Now you might consider this to be making the task too easy, or confusing, or wrong, or unscientific, but it is part of my own learning process, and possibly you may also learn from it, if the coordinates felt any different to you. If you are an experienced viewer, if you found that these clues helped you, reflect upon how useful they have been, and how a good target setter could do similar things to aid training. Though operationally its uses would obviously be more restricted, but equally could be useful in certain circumstances.

Right so if your session showed anything that resembled the Eiffel Tower, Paris, France, at midnight on 23 Now 2014 well done. Its searchlight type beams should have been sweeping around the Parisian night, and it should have been closed to the public, fully illuminated from top to bottom, just before it went dark.

But if you got a copy of "Le Petit Larousse Illustré 2012" isbn: 978-2-03-584090-5, then very well done, for that was the real target, specifically clued to help you through my first attempt at protection. So while I was trying to protect the target, I was also helping you feel your way there. How did you do?

My learning objectives here were simply to see if I could protect something using my first approach to trying protection. For you, could you see through the sensory distractions?

It was something a bit different. I also have another challenge coming up if you want to try something different.

My Results

These results cover the whole of my database so include my targets 67-100 which were covered in my last book "Remote Viewing My Second Stage" but as databases are most useful when they are as complete as possible, I have included them again here. Statistics about my individual session results can be found in the following section. I have not databased my first 66 targets as I never summarised them back then and to do so now could pollute the accuracy of my database, though once I get much better at databasing, and summary writing I may well go back and input them, as accurately as I can.

So on average I have got 25 datapoints that are scoreable per target of which 18 were accurate, 7 inaccurate. In an average of 22 minutes per session. In my detailed session results I also show the maybes that are unfeedbackable on a target by target basis, but they are generally few in number.

My dowsing attempts were on 45 targets where using Lyn Buchannan's method I scored 56% dependability on average, but those were in effect guesses on my part, though I write about my gut feelings in the session by session analysis.

As a category summary of my remote viewing impressions over these thirty four targets using Lyn Buchanan's database structure:-

Alignment – 31 correct – 7 incorrect – 81.6% accuracy
Ambiance – 143 correct – 50 incorrect – 74.1% accuracy
Biologicals – 25 correct – 5 incorrect – 83.3% accuracy
Colours – 130 correct – 53 incorrect – 71% accuracy
Composition – 101 correct – 40 incorrect – 71.6% accuracy
Conceptuals – 21 correct – 5 incorrect – 80.8% accuracy
Density – 3 correct – 0 incorrect – 100% accuracy
Directions – 44 correct – 20 incorrect – 68.8% accuracy
Emotions – 18 correct – 4 incorrect – 81.8% accuracy
Luminance – 44 correct – 11 incorrect – 80% accuracy
Meanings - 3 correct – 2 incorrect – 60% accuracy
Measures – 19 correct - 6 incorrect – 76% accuracy
Motions – 53 correct – 9 incorrect – 85.5% accuracy
Numbers – 22 correct – 10 incorrect – 68.8% accuracy
Objects – 77 correct – 46 incorrect – 62.6% accuracy
Patterns – 14 correct – 8 incorrect – 63.6% accuracy
Positions - 88 correct – 46 incorrect – 65.7% accuracy
Purposes – 16 correct – 14 incorrect – 53.3% accuracy
Relationships – 51 correct – 23 incorrect – 68.9% accuracy
Shapes – 87 correct – 26 incorrect – 77% accuracy
Sizes – 35 correct – 17 incorrect – 67.3% accuracy
Smells – 2 correct – 2 incorrect – 50% accuracy
Sounds – 22 correct – 7 incorrect – 75.9% accuracy
Structure – 26 correct – 9 incorrect – 74.3% accuracy
Taste – 1 correct – 2 incorrect – 33.3% accuracy
Temperature – 21 correct – 12 incorrect – 63.6% accuracy

Textures – 25 correct – 13 incorrect – 65.8% accuracy
Weight – 3 correct – 0 incorrect – 100% accuracy
Other – 8 correct – 13 incorrect – 38.1% accuracy

Hopefully the above summary will be of some use to those starting out as a signpost to what can be achieved in a year, and to scientists who may wish to investigate remote viewing further.

Over the whole year, as I have completed 130 targets I have averaged around 2.5 targets a week. Two targets so far have good stage 7's(?) one where I heard the song "Do they know its Christmas" and the other the word "Bluebird" became very prominent, and both highly relevant to the targets. Funny how the mind works.

Session by Session

Well I will admit feeling a little nervous about starting again, given that, as explained in my last book, why I expect my database statistics to worsen, as I hopefully improve as a remote viewer. In short, as my summaries become more specific, more correct impressions will become increasingly linked to the wrong objects and hence be classified as incorrect. By way of example, in the past I may have written "red is present" and that might be correct, but I am hoping to work to the stage where I say that "the red is present on a house" and if indeed there is red which in fact turns out to be on a car that will get marked as being incorrect. So the better I get, the worse that I expect my statistics to get. My poor ego. But it will result in a stronger database. Note that unfeedbackable items, are also called maybes or just ? below.

Anyhow, my first session of this book, my 101st target, and the 35th in my database. Well what a start. Excuses first – I pulled my shoulder an hour or so before starting the session. Mild discomfort. What an exceptionally crafted target. I scored 65% (28 impressions, including 8 maybe, 7 incorrect and 13 correct). Had this target been at any other time of the working day apart from this one moment three of the incorrects would have been correct. Sheer brilliance in target setting. I clearly did not get on-target to the specific moment of the target, though I am fairly sure that I "felt through"

to the reason for this targets uniqueness as some of my maybes could easily have related to that, or admittedly to some operating machinery of a type that may well have been found at the target at that time but not shown in the feedback pictures. But my main lesson was not to look at the dowsing map before starting stage 3, and the map in this case resulted in me dowsing very well – 82% dependability, but it really did put me of my stride and halted me in my remote viewing tracks. So from here on in I am not going to attempt dowsing until I have otherwise completed the session, bar summarising. So all said and done a great training exercise, where I am wondering if I have, perhaps for the first time, got some mental energy thoughts from a target. This target has also taught me to think very specifically, and do time increments by the moment. Simply a brilliant target. Seeing the feedback I can clearly see how I was moving around in space and in time with my stage 1 gestalts.

The following day I still had a pulled shoulder that was nagging a little. I started by rereading some of Daz Smiths stage 3 material, but found that I was reading fast and had to force myself to slow down. A sign of my over eagerness that I must control to savour the words. However I think that I made a very good amount of stage 3 progress so all was not lost. I did not dowse until after completing this second session, but as I thought, incorrectly as it happens, that I recognised the map and was drawn to an obvious landmark that would have been there, and seemed to be there, I had to work against my initial instinct. It immediately filled my mind with a big aol. Anyhow I ended up dowsing 65% dependability. In terms of remote viewing, my summary was intentionally more specific, which did cost me some marks as I expected that it would. That said I ended up with 31 perceptions, of which 8 were ?; 4 incorrect and 19 correct, giving me a score of 82.6%. Not too shabby. Had I been a little less specific a couple of incorrects would have been correct. My big lesson from this target is that I need to retrain and slow down to enable me to progress further. I muddled some dimensionals, but many of my ?'s might be correct, so on balance I am pleased. Lots of learning points. Operationally I am not sure of how much use it would have been, but for training in my early days, a great session.

Before trying another session I decided to get a little bit of big picture training so listened to a webcast where Lyn Buchanan talked with Teresa Frisch about the role of the analyst. It was very interesting and I gained

several things from it. One being the distinctions between nouns, mental pictures and the reporting of things that seem unrelated and what they mean in the session. It also reinforced the importance of having a good accurate database.

My third session (103rd in total) was a mixed bag. I actually did ok on the summary and database with no unfeedbackables. 14 correct, 9 incorrect, resulting in 61% accuracy. But, something about this target simply does not feel right to me, I don't think that I was on target, but when you strip out how my declared aols could have affected my impressions then I can see through it. It has sort of left a sour taste in my mouth that something, that I can't quite put my finger on is not right. What really grinds me is that I felt something there that I would not want to touch, and got a colour contact accurate regarding them. Now when I look at the feedback I can see the elements that this related to in my summary quite clearly, but there is absolutely no reason why I would not want to touch them, though I can see how they could potentially hurt me a little. I am uneasy about this session, but for no obvious reason.

This morning I redid Lyn Buchanan's stage 1 ideogram drill. Followed by a 24 minute target. This my 104th target was one of my better ones. Dowsing 97% dependability. Remote viewing 91% accuracy from 28 perceptions, of which 20 were correct, 2 incorrect and 6 unknowns. One of the incorrects was a dome that I thought was a pyramid. The second incorrect could easily have been correct for some people, but in the context it was right to mark it as an incorrect. Again I didn't get any further than stage 3, though I am very pleased that I felt the temperature almost precisely. This is the sort of session that I think a monitor could have enabled me to really drive home and make real progress. Very happy. Now operationally, again very limited value, but as I am merely learning the art and science of remote viewing that is not an issue.

My 105th target had me caught up in an aol drive which made me smile. To boot my dowsing was only 40% dependable. Anyhow out of 29 impressions, 10 were inaccurate and 19 accurate with no maybes. 65.5% remote viewing accuracy. While I was distinctly stuck in an aol drive, I still managed to get the focus, two groups of organics correctly doing the right things, and a lot of positioning. My colours were way out and somehow I mistook water for land, but hey-ho. I am really pleased that I did essentially describe what was going on with relative positioning and focuses, even if I

was way out on what the target actually was. Now this is one session for the skeptics for when you just consider the impressions I was clearly there, even if I was misunderstanding some of my impressions. Even if my dowsing was absolutely pants.

Well, what a session. Dowsing 97% dependability. Remote viewing 75% (31 impressions, 7 incorrect [though better positioning would have made 6 correct and the other just might be correct], 3 maybes. I aoled the target type very early on and nailed the target location itself on page six, though I aol'd it. I did muddle sounds from a building directly next door which cost me, but I have learnt that positioning is vital from this. There is plenty of evidence in my session to prove that I was very much on this target. Happy chappy. Possibly my best so far, even if my stats don't reflect that due to the understandable in context errors that if I had pushed just a little further may well have been correctly positioned by just a matter of metres. This is one session that is definitely worthy of a celebratory beer. I did get into stage four, but not far, but did succeed with some advance aspects that I have not trained in, like history and timelining.

My 107th session was a cracker of a target, but that is all that I am telling you. Another one of those you would be very unlikely to guess. 85% on my remote viewing (no dowsing map) [29 impressions, of which 2 were maybe, and 4 were incorrect]. I was very pleased that I did well on composition and related aspects. I have however realised that I really do need to work hard on my summaries to produce a more professional result. I named Chinese ambiance correctly. Quite pleased with that, and again I seemed to be instantly on target.

Number 108 was a cracker. I was way off in understanding the target due to an aol, but I did get a couple of aols on my first page that were telling me what the target composed. So one recent lesson is that while I need to set aols aside I do need to listen to them as I do seem to be getting aol/s's early on [aols that have relevant meaning]. I heard a song in my mind that I jumped to the wrong conclusion with, but which turned out to be very relevant, in terms of both time of year and purpose of the target event, which I understand, rightly or wrongly is a stage 7 or 8 in the CRV process, which I got at stage 2. I must read up on this sort of thing again now that it has clearly happened to me. There was a dowsing map but as it was a track over time I do not know how to score it so have excluded it. While my track was way out, I did get the start point accurate and did go

through the end point. Right, my remote viewing database scores, 27 impressions, of which 6 were inaccurate, 6 maybes, and 15 accurate, resulting in 71%. Now to me this 71% does not reflect what I thought the target was as all as I was way way out on that, so this has driven home to me the necessity not to try to think what a target actually is, just record impressions, which fortunately for me are mostly accurate.

I tried a second target the same day and my performance was not as good. Dowsing 50%, remote viewing 62% [25 impressions, including 1 maybe and 9 incorrects, to 15 correct impressions]. Unusually I seemed to have made an error in my first ideogram which is unusual where I seemed to have muddled strength with speed. Though my stage 3 encapsulated all of the key target elements, even though I did misinterpret them (I know I know I shouldn't do that). I can only hope that this is the first sign of stage 3 breakthrough, at least in terms of meaning from my drawing. Knowing the target I can look back and see it in my stage 3, but operationally that is of little use. Keep on training Stewart, keep on training, reflecting and learning.

My 110th target was aol driven, compounded by the map, which I looked at for inspiration after getting confused. Lesson there. While I became aware that an aol was driving this session, that I had difficulty making sense of, when I stopped I was surprised to find that many of my impressions were indeed accurate. So this session has helped me understand how my conscious mind tries to name and make sense of impressions, in this case not very well, but understandable in context given the specific planetary point the target was at. Dowsing 84% [but my aol did help me here],and remote viewing accuracy of 81% [32 impressions, of which 21 accurate, 6 maybes, 5 incorrect].

I decided to try to break out of my twenty or so minute session time, and breached fifty minutes with this one. It resulted in a lot more impressions though typically similar statistics [60 impressions, 33 correct, 11 incorrect, 16 maybe] resulting in overall 75% accuracy. Now this shows that I can squeeze more out of a target, but I also had to deal with more aols. And a lot of my impressions could be applied to many targets, so I feel a need to tighten my specificity up, as well as continuing to improve my summary. That all said I could see how, with a lot more experience I could have developed this session much more deeply. For example I drew two objects at stage 3, and knew that one was older than the other but related somehow.

I now know that the first was an accurate depiction of early movement, while the second was a fair representation [though by no means good nor accurate] of the more modern target object itself. While my skeptics hat is reeling over some of my databasing, I can see how I was on target and from this how powerful remote viewing could be in the hands of a talented expert.

Target number 112, well what can I say – I was very clearly off target – that hasn't happened for a while. The only possible excuse I could give is that the target is completely unknown to me, so my conscious mind interpreted – but aaarrrgh – I was off target. Could not have been further off target if I had tried. Yet my databasing showed 53% which I am really not happy with – it should be 0% [43 impressions, of which 23 correct, 20 incorrect 0 maybys]. While I am happy that those 23 impressions are indeed correct and correspond to the feedback pictures, to me it does seem a bit of a stretch that what I was feeling was this target. Much to reflect upon. It is results like this that give me a lot of sympathy for skeptics who say that remote viewers can never be wrong. My dowsing was equally bad at 30%, though I did draw a diagonal on the dowsing map, and the target was on that diagonal. Perhaps should I ever ascend to the heady heights of an analyst, I should target this target to see it from that perspective, but from my inexperienced viewers perspective this seems like complete and utter failure. It is not simply that I don't have the life experience of this target, which could explain away my conscious mind misinterpreting, or aols, but in general terms of sheer ambiance and emotions, unless I was, again at a long stretch, focused on a specific individual having an especially good day in bad times, which obviously does happen, I was way way out. Still a good learning experience. On the bright side this target has given me a small nudge up in perspective on our world.

My 113th target was a mixed bag. I was strong on stages 1-3, but when I moved into stage 4 things fell apart quickly and ended up thinking that a tragedy was fun [no loss of life though – phew!]. Mind you I was also trying some advanced techniques that I have not trained in, so hey-ho! Anyhow remote viewing 67% [50 impressions, of which 29 correct, 14 incorrect and 7 maybes]. My dowsing was a lousy 27%, though again I would have been pretty close if I had gone for my second impression. I wonder if prominent names on a map distract me? At some stage in the future I need to review all of my first and second impressions in this light.

As a general point I am pulling my session time up from around 25 minutes to 50 minutes, while also doubling the number of impressions I get, so positive progress is being made, especially since I am still mostly correct with a databasing accuracy still over 70%, though falling a little. Mind you as I am being more specific in what impressions are linked to, more things that would once have been accurate (eg green is present) and now becoming inaccurate (as I have linked it to land instead of a structure etc), so a decline is to be expected at this stage of my training.

This was a short session as I was fitting it in, only 25 minutes or so. 71% remote viewing accuracy [33 impressions, 23 correct, 9 incorrect, 1 maybe]. My dowsing dependability was 53% though would have been higher if I had gone with my first impression. Somehow I confused an explosion for water, but I was bang on accurate for the only time period I chose with regard to one of the feedback pictures (it was a historic event that was being remembered). Given me lots to mull over.

Number 115 was a cracking unexpected target where I only got 57% remote viewing accuracy [38 impressions, including 21 accurate, 16 inaccurate and 1 maybe]. Learnt a lot from it. It only took 16 minutes and I struggled to get past stage 2. Perhaps because it was a new type of target for me. I am really concerned that I perceived land in the vicinity of the target and in the distance, when the target was wholly in a building. So clearly I need to work on my target focus. Or consider, as skeptics rightly would, the possibility that I was simply imagining it all with the correct impressions being coincidence, which is possible. At the very least this target has taught me the need to think about move commands in time, and not just in space. To end on a positive note as least my first ideogram was accurate on motion, if my second - land was wrong.

Oh nearly forgot, I was especially pleased that I got a twelve hour cycle spot on, my first ever timelining accurate hit. At the moment I am really bad at timelining, which is to be expected at my beginner level.

My 116th was not so good, for I had real trouble accessing it and seem to have muddled land and manmade with human compositions. The latter is perhaps in context understandable, but the former? I need to retrain my stage 1 ideograms. Anyhow remote viewing accuracy of 54% [26 impressions, including 12 accurate, 10 inaccurate and 4 maybes]. Dowsing 54% accuracy. Enough said.

Yesterday I spent a couple of hours watching training videos and listening to remote viewers, and thinking. Today I decided to add the days date to my session target coordinate and to do my datalist for databasing before my summary. Well I got overwhelmed at stage 2. And my dowsing was only 39% accurate. But, my remote viewing was 78% accurate with a massive for me 64 perceptions [42 accurate, 12 inaccurate, 10 maybes], which I am rather happy with. I seem to be getting land wrong a lot just now, muddling it with flat surfaces and would you believe in this case either water or a hard surface, but as I am aware of this I can try to fathom out why this is trending. As I had so many perceptions this time I had to stop and think about the possibility of double counting and had to think about whether I was double counting or counting separate instances of a multitude. This has made me question the accuracy of self made databases, and I do wonder if remote viewers should have an independent person compile their databases to ensure objectivity and consistency between viewers. While not a garbage in garbage out scenario, it must be difficult for analysts to compare on a fair playing field the databases of different viewers given how subjective aspects of the data input can be. That said someone who is clearly strong in one area will be easily seen. I feel that this session has been a key learning step for me, and while it will take me a fair bit of time to get my databasing and summaries up to the standard that I am happy with, hopefully by then I will have broke through stage 3 and be able to produce a lot more specific accurate information. That said I did pretty well this session on a lot of specifics so progress is in the right direction.

Should add for completeness and to the probable annoyance of staticians, I realised that the database that I am using has categories of biologicals and motion, but no other gestalt, so from here, land, water and manmade are being recounted as objects. Hope that this is correct. Manmades definitely are objects, but it seems strange to include some gestalts and not others. Due to my confusion on this, as explained in my last book, I will have underscored gestalts, which are predominately correct.

Target number 118 was a good learning experience in many ways. You will see that I appeared to do very well, but actually I was awful, which has made me question even more the reliability of databases. Dowsing I got 77% dependability. That was good. However I did not get one of the key gestalts of the target – biologicals at all, and after looking at the dowsing map I got stranded in aols. At least I recognised it so brought the session to

a close. And so how did I do in my remote viewing? Well, a whopping 94% accuracy [51 impressions, of which 15 were correct, one incorrect and 35 maybes]. Yes you read that 35 maybes, something like 70% of my total impressions. Operationally this session would have been totally useless, with the sole exception that I got an unusual fluid substance reasonably well. While I am happy that I have databased reasonably, I am not happy at the result as I was for all intents and purposes off target, yet scored so highly. I really do think that this is a session which illustrates well the deficiencies of databasing. Ok I only got one thing wrong, and that was a position but what I did get really was useless. Anyhow I will leave this for now and review it another day. Hopefully it will turn out to be a great learning point.

My 119th target was a cracker, absolutely divine. I scored 88% dependability on dowsing. My remote viewing was 78% accurate [62 impressions, 26 correct, 7 incorrect, 29 maybes]. In the context of the feedback of this specific target all of those maybes could easily have been correct, but were due to the photos unfeedbackable. I tried listening to ballet music and used if I remember correctly Lyn Buchanans Hook system to create a page marker during a break which worked. I did find myself straying into big aols during my attempt at stage 4, which reinforces the need for me to properly crack stage 4.

Target 120 was another mixed bag. Remote Viewing 65% accuracy [46 impressions, including 22 correct, 12 incorrect and 12 maybes]. My stage 1 was again muddling land even though I knew this at the time. I really must reflect hard on this and fathom that out. But in stage 3 I did get what I assume was a s7 of “BlueBird” which is directly related to this target, if one step removed. It was forceful and relevant. So wow!

Well it has been nearly a week and I have just done what is perhaps my worst session ever. Still dowsing was 50%. My remote viewing was 14% accurate [41 impressions; 6 correct and 36 incorrect]. About the only thing that I can say to massage my ego is that the very first thing I wrote down after realising what I had done, before my first ideogram was: “I actually wrote down the wrong target compared to my intended one – lets see how this goes.” Got to be something to learn from that!

My 122nd target came after a couple of weeks break and I had difficulty getting back into it. Whether this was due to listening to opera during the session or because of the break or some other reason I do not currently

know. My dowsing was lousy only 39% but was way off and clearly guessing. Regarding viewing I scored 77% [21 perceptions, of which 14 accurate, 4 inaccurate and 3 don't knows]. While I am satisfied that I was getting valid impressions from the target I did feel "resistance" though equally I gained a better appreciation for a couple of finer details of viewing, including winking about the site (I got a hose in use and knew that this was separate from the main object). I think that the main thing that I have taken from this target is a better appreciation of the psychological aspects of accessing a target, by which I mean, how bad things can be described in fun ways. I guess that this is easier for the mind. Though I did sense "violent" so my ego can cope with this "making comfortable of the target."

A couple of days later I tried my second target of 2015, and soon ground to a halt. I simply did not want to go past stage 3 as I feel that I am at a point between being useless at remote viewing while at the same time realising its potential, and in truth it scares me a little. Anyhow this target was a good learning experience as it was such a simple target and I had assumed that the one major object was several distinct objects, which has helped me see and understand perspectives a little better. I did get some bits accurate but have marked them as incorrect as I had associated them with the wrong part of the target. Again this has made me realise just how easy it is to make database numbers mean anything, depending on how specific you are in your summary writing. By keeping everything general you could score very highly, and the more precise and hence useful you are, the lower your score can become. Anyhow I scored 51% [31 data points, of which 16 were accurate and 15 inaccurate]. This target has taught me many things including what might be a significant point for choosing viewers. If a target has an aspect that some people might have a fear of, use them if they are willing and sufficiently relaxed. They might just be able to use that fear as a hook to connect into the target.

Target number 124 [58th in my database] was interesting. I petered out after 17 minutes again at stage 3. I really must work at overcoming this, but in truth I am a little concerned about the responsibilities of ever becoming really good at this, and I think that I am holding myself back a bit. Now that I know it does indeed work, I am beginning to question as to whether it is something that I am self confident enough to be responsible with. I guess what I am trying to say is that the sheer power in its potential frightens me a

little. Anyhow I gained 25 perceptions in my 17 minutes resulting in 62% accuracy [15 correct, 9 incorrect and 1 maybe] with a dowsing dependability of only 37%. I am however particularly pleased that I was within a quarter of a century of the time of the event. Which I know is about as much use as a chocolate fireplace but at my initial stage that level of advanced stuff pleases me.

My next target made me feel that I was completely off target at first, and my databasing honestly makes me feel like I am overscoring myself, as it seems too good compared with what the target turned out to be. On the positive side I can see elements in my stage 3 that are reflected in the target, so hopefully this is the start of stage 3 beginning to draw things out for me. Dowsing 29%. Remote viewing 75% [38 impressions, of which 21 accurate, 7 inaccurate and 10 maybes].

My 126th target was interesting and while I got a fair bit wrong, from a quick look at internet maps a good proportion of these wrongs could easily have been correct, but as I don't know the surrounding environment at the time of the target I have marked them as incorrect. Better to be cautious and not artificially overinflate. Besides we are talking about the targets immediate surroundings not the specific target itself. Dowsing 46%. Viewing 60% [42 perceptions, 21 correct, 14 wrong, 7 maybe]. I am particularly pleased that I did get the broadly accurate "platform half way up and a tower from it." This is significant as I hesitated away from saying that they were combined when I was unsure of near or combined. So I can now reflect on what gave me pause for thought here. I realise that without knowing the target that may make little sense, but think of it conceptually – what you decide to record from your feelings and why you decide what you do. An important part of the process of trusting your feelings. A bonus is that I realised when I started to aol. I am still stopping myself at stage 3, so must work harder at this.

My 127th was not a bad quarter of an hour session. Dowsing 65% dependability. Viewing 83% [35 perceptions; 25 correct, 5 incorrect, 5 maybes]. Realised that I was internally resisting myself to pushing forwards so must reflect upon this, and I really must work on my drawing. Specifically in this case drawing my thoughts which seemed to be getting stuck. Learnt a bit about shapes as well, so happy.

My next target was completely unexpected, and I was soon aoling, so I stopped after 16 minutes, I did get a lot accurate. 75% [28 impressions, of

which 21 accurate and 7 inaccurate]. I did have some trouble categorising some of my impressions into the best database slots, so I must give more thought to this to ensure meaningfulness, and this time I chose to just transfer the information without recording which impressions were specifically which (I normally write, eg chair – object). This time I got lazy and only wrote chair, while mentally thinking object and marking object on the database sheet. As soon as I had completed the database sheet I realised that this was an error as the translation into categorises wasn't intuitive nor obvious for this target. Lesson hopefully learnt. Doesn't affect overall accuracy one iota, but it is important to keep the database categorises as meaningful as possible, when remote viewing is such a subjective area. On the bright side I realised that I was aoling, but I really must work through whatever is holding me back. I am beginning to think that I lack the self confidence to really delve deeply.

Target number 129 again showed my stage 1 ideograms to be a bit skewy (and I had spent a few minutes practicing these before starting). Yet through my 18 minute session, I was pretty much spot on in what I got with 76% viewing accuracy (38 impressions, 29 correct, 5 incorrect, 4 maybe). My dowsing was errr ummm….12% dependability. Nuff said! Again while there is no operational value to my work at this stage, as a learning tool there is plenty of opportunity.

My 130th produced 89% accuracy in 18 minutes, a fairly typical time nowadays to get to stage 3, where I am conscientiously stopping. Or perhaps running out of steam. Or ability. [45 perceptions, of which 39 correct, 4 incorrect and 6 maybes]. While I clearly was on target, I realise that a skeptic could rightly say that "it could have been anything" and has little operational value, if any. But then again, a years hobby self training, and only being at stage 3 is not that far, so you couldn't reasonably expect operational proficiency at this stage. Excuses, excuses. That said I am spending a fair bit on time on how to develop applications, and while I remain firmly in the theoretical stage, I do find it fascinating.

As that was the final session in this book, as I did last time, I will record my precise summary below so you can see where I am at. You will also see that I really do need to work harder on my summary writing. Anyhow here is is:

"There is a manmade object that is coloured black. It is solid, grid like structure, hollow, pointy. There are at least two connected moving elements.

It is at or extends to a great height. There is some sort of rope or pully movement (could be hydraulic). It is bright all around this object and there is an acidic, lemon like taste in the air. It is a thin structure. There is a second movement at the furthest extension of the object.

This second movement is fastest downwards, and slower on return/recoil. It is a powerful, elegant motion involving a human biological. The returning/raising up movement is more mechanical/and effort than the downward. Through blinding light I can see red, and less yellow. There is a lot of reflections. There are feelings or pride and tiredness/exhaustion.

At the top there is a feeling of weightlessness. A blond male is high up, and a crowd of biologicals far below/or are small. The lowest ground feels wobbly.

At the "ground" level there is a circle and a prominent (to me) female with lots of flesh colours and who is well made up on face.

There is a long, elastic like motion, that has several aspects and a twisting motion."

Applications and Response to UK Official Remote Viewing Experiments

While I am currently working on a number of potential applications, my main thought process just now are in the fields of pharmaceuticals and personal executive security. Whether I can develop these into money making commercial projects only time will tell and could even if possible be many years away.

In the meantime let me offer a personal open letter response to my, the British Government over their now declassified remote viewing paper:

OPEN RESPONSE TO MINISTRY OF DEFENCE (UK) RE: DECLASSIFIED REMOTE VIEWING DOCUMENT

This paper contains my thoughts, based on around one year of hobby remote viewing (rv) learning, on my governments declassified rv paper, which was accessed on 1 February 2015 from: http://webarchive.nationalarchives.gov.uk/20121026065214/http://www.mo

d.uk/DefenceInternet/FreedomOfInformation/DisclosureLog/SearchDisclosureLog/RemoteViewing.htm

While this paper may appear to be critical, I hope that my government take it in the positive constructive way that it is intended. While I appreciate that my government will undoubtedly already know what I am writing here, through intelligence activities, and I would hope having their own in house team who are now at the cutting edge of the field, just in case that we are lagging behind, I thought that I would apply some of the lessons that I have learnt over the past year of trying to learn rv, supported by my life experience of many tens of thousands of hours on esoteric work, to some of the specifics of this document, to help enable my country take a positive step forwards in the commercial arena. Though I accept that our intelligence services will most likely be concerned about intelligence applications.

Apologies now to anyone whose nose might be pushed out of joint, but it is better to move positively forwards working together than worry about egos getting bruised. And if my government has roared ahead after this project and I am playing catch up, then please simply smile at the fact that I am making a positive effort to help. And remember I have the benefit of hindsight, I wasn't sitting there in 2001 trying to make this all work in the immediate aftermath and the hysteria of 9/11.

Clearly my comments below are constrained by the fact that the source documents are heavily redacted, so I do not know what has been hidden, and that could have changed my opinions and comments. But based on what has been released to the public:-

Part One of the pdf download: http://webarchive.nationalarchives.gov.uk/20121026065214/http://www.mod.uk/NR/rdonlyres/919F464B-2858-4E12-82DB-01F4C197AAF6/0/remote_viewing_part1.pdf

Part Two http://webarchive.nationalarchives.gov.uk/20121026065214/http://www.mod.uk/NR/rdonlyres/5A5ABD07-9B8C-4ECC-BD38-8A34D1E55561/0/remote_viewing_part2.pdf

Headings have been taken from the above documents and paragraph numbers in [ ] accord with those documents for ease of reference.

Introduction and Scope

1. [1.1] Introduction – the document covers work undertaken between “early November 2001....to Christmas 2001” - so 2 months work, in the immediate aftermath of 9/11.

Initial Activities

1. [2.1] Background – it seems like the approach was to start with publicly available data from the internet, though did use the material produced by the American government. As an ordinary man in the street, I do wonder why my government didn't just ask the Americans for help? Or if we wanted to keep it self-grown why not use the extensive experience of those in our own country who specialise in old school esoterics – though I do understand that politics, egos, interpretations of esoteric matierial, rank, societal positions, comfort zones etc could be hindering issues? Perhaps the internet search for recruits was to find a new way to penetrate old blockages? Akin to Alexander the Great cutting the Gordian Knot?

3. [2.3] Location - “the requirement is for an environment that minimised distraction.” I know that this is the established view from the sterling work of Ingo Swann who set up RV for the American government, and it is probably absolutely correct. As I have only, as I write this, completed 129 rv sessions, and I don't use a room that has minimal distractions, I cant really comment, except to say that one of my better sessions was completed with a cat wailing in front of me. My complete session is here https://drive.google.com/file/d/0ByGo5GfQxzDcaFZCaUJLcFRiWlE/view It must be borne in mind though that that session is better than most, and hence an exception, and it may well have been much much better, and even have become operationally useful, had it been done in a “minimised distraction” environment. It may also have been unique to me, at that moment in time. Good esoteric work requires calmness and relaxation, so I would myself opt for a “minimising distraction” environment, I just point out, with evidence, that that is not always an absolute

requirement. As with many aspects of rv, it is an area that I have been reflecting very hard on.

4. [2.4] Contributors- it is not easy to read between the redacted lines here, but I would suggest that, if my own development is anything to go by, that inexperienced viewers are more likely to accept targeting from unknown entities that those who have felt first hand the sheer power of rv. I mean who knows if you are being targeted by a gang of bank robbers or someone looking to kidnap someone or even a foreign intelligence organisation looking for new ways into your own nations secrets (think Gordian knot again). Equally if you happen to be particularly sensitive to a specific type of target, it could cause you all sorts of inner problems to take taskings blindly. I am developing a framework to explain this but this is not the paper for such a detailed look at energy connections, framework paradigms and the like. Suffice to say that, bearing in mind I don't know what has been redacted, but I think that there were better ways to select candidates from within the Establishment. Though I fully appreciate that real success, beyond an initial testing like this declassified report, would most likely require non establishment types for a number of very practical reasons, which for ease could be summed up as a willingness to question, to think outside the box, to challenge, to have the confidence to take risks re egos, status, reputation etc which are required to cut through the veils. In short people who really do work hard, without undue societal constraint, to Know Themselves. Many talk that talk, but few walk that walk. Or even shorter, you don't want “yes men” or people who are too concerned with their reputations or position in the Establishment. Yet for all that, within the establishment there must be practical [as opposed to simply high ranking in a society with theoretical] esoteric knowledge that could, surely, be tapped? Regarding the baseline that my government were back then looking for you nowadays could try my own books on RV available at present here https://www.smashwords.com/profile/view/stewartedwards and the places that Smashwords distributes too, including Barnes and Noble and ibooks. I am not the best and hopefully not the worst,

but my remote viewing books show session by session what I have achieved and how I did it. Combine that with the other publicly available sessions and you should by now have a fairly good baseline. If not why not?

5. [2.5] Instrumentation - “the mechanism (undefined) that enables RV to take place.” I have some theories on this, but they are only theories. Unfortunately if I am correct, while most people could do RV in theory, in practice few will be any good, due to two key factors. Firstly the personal level of spiritual development (and I don't mean religion), and secondly the effects of the stresses of our world on daily life. As I write this austerity economics in Britain and Europe is very arguably fracturing people unnecessarily, and that hinders in my opinion, rv potential quite considerably. But my theories are only theories. But if I am correct current austerity economics will be placing Britain and Europe at a very distinct RV disadvantage in the wider world. Care must be taken here though as I accept that I am anti-austerity due to its social implications given that there were viable alternatives that I have publicly discussed for years. I do not however think that I am muddling my own economic and social policy views with their potential influence on RV, but it is worth noting just in case. But I digress. With regard to the time of the post 9/11 document, it is likely that the fractures of that time could have negatively impacted new viewers in the field for similar reasons, though old hands probably coped very well. Desires for revenge, fear, undue pressure to perform, could all negatively impact novice viewers. I mean in very simple terms you have just watched 9/11 happen on television and then you get invited to do some rv experiments, it would not take too much for the subconscious mind at least to put two and two together, and that pressure even if unfelt consciously could have been a negative impact. Equally though I accept that it would have been during that time that money and desire to pursue all avenues would have been available.

Experiment

1. [3.1] I am curious why it was not possible to use experienced remote viewers with a short time frame? The immediate aftermath of 9/11 possibly making them somewhat busy? Surely if GCHQ contacted someone in the establishment with such skills, even if known by another name, who was security cleared, it could have been prioritised? It is also worth noting that from my own experience, there is a distinct correlation between the targetter and viewer. The targets of some targetters are far easier to access than those of others, as I have explained in my rv books. I am currently reflecting very hard on why this is the case. This effect is very feelable and it took me weeks to access one targetters targets with any reliabilty, and months to access anothers. But patience, practice and reflection as you feel you way enables progress. Currently I am working on potential commercial applications of RV and while I am still very much in the theoretical stage, it is evident that the targetting is key, and in my personal option, based on my own experience, different people have different abilities to target. Though for completeness the energy connections between the viewer and targetter [who most likely the viewer will have never met] also requires careful thought. Regarding the target coordinates used even if random generated, they can be broken by feeling through them to the target. I know this as this is how I normally access a target. Again an area that I am reflecting hard on to better understand the mechanisms involved. Thinking more on the 9/11 time frame which could well have inspired this study, the turmoil of the event induced fractures into our world which I think would have acted against rv development. It would have been better to test such things in calmer times and then build up a good team who were trained well to respond when crises happened. Though it would I think be best to keep such a team out with the military environment so that they would not immediately assume that they were being tasked with such things, though having military people as viewers has clear obvious advantages for certain target types. Even though the nature of the target would undoubtedly soon show up in sessions. This is where I do firmly support in a tangential way the “quiet room no distraction” approach. However I can understand the panic, and

the funds and willingness from on high to enable at that moment in time. Where in quieter times priorities are likely to be different.

2. [3.2] Input From Psychologists – a note on the questions - “Have you been able to predict any events?....How do you know this was related to ability rather than pure coincidence?” these are very good questions, and as someone who has predicted a few things, it is something that I have given a lot of thought to. Issues to consider: Firstly – the energy effect of group think can be overwhelming and make people miss the blindingly obvious, eg when I predicted in my Price Waterhouse days that the property market would crash I was publicly laughed at by a manager who thought that I was crazy. Yet now it is accepted wisdom that house prices can (obviously) fall. Hence to predict you need to be able to stand outside the box and look in, to see the wood from the trees. Secondly – as in the case of when I predicted to a human resource manager of a multinational that he needed to look for a new job himself as the company was going bust – he laughed at me. A year later he was in another job as the company was gone. This was an “energy connection” feeling that is worthy of much reflection, as that energy connection is the key, I think to prediction. However it is not as far as I can tell controllable due to how I think it works (past lives etc – its a framework that works for me). Which is why I like the idea of RV due to the claims by some that you can access anything (I cant but it does sound appealing). The downside to learning to “feel” in this way, especially when you begin to realise that you do have a track record of being correct (and accepting that you might be ignoring what you got wrong) is that sometimes you do predict bad things. These bad things might then prove accurate. And that could make you very unpopular with your bosses and loose you your job. So to enable you to feed your family, and in many countries avoid torture and imprisonment or death, there is the very real issue of you needing to hold back your predictions. On a very simple level given the timing of this report lets just say you tasked viewers with “who is the terrorist responsible for the 9/11 attack on the pentagon?” what if the viewers all confirmed some conspiracy theories and said what was politically unacceptable? Would they

have been rendered to Gitmo? There is much responsibility attached to such things. Moving on I was very impressed by the comments in the declassified pdfs on "output 2 Comments on the marking scheme." [It is worth reading the original declassified documents]. One of my first targets was simply something over water, and it turned out to be the loss of a flight of planes over the Bermuda Triangle. Not really that much use, if probably on target. But what do you expect from untrained viewers.

Results

1. [4.1] Target "Mother Teresa who is this?" Well I would most likely have failed that one. People are a current weakness of mine.
2. [4.2] (up to point 4.10 on part 2 of the pdf download) – for complete novices I think that they did fairly well. As I have not had the benefit of training with such stage 1 targets I have no idea how I would have performed, but I suspect not that well as at present I tend to connect with movement, which I understand from the rv community is common with novices such as myself.

Analysis and Conclusions

1. [5.1] The unredacted material here make more sense of the whole document and the thinking underpinning it. "The shortest session was 25 minutes." Eek many of mine are more like 10-15 minutes and sometimes I have accessed targets in under a minute. My fourth target for example, was a person crossing a wooden and rope bridge high in the mountains in clouds with a ravine blow and a mountain in the background. My session simply said "Height (correct); Depth/width (correct); alone/single person (correct for that photo); difficult wet day (correct); Help/hello/exciting (correct at least in part); concentration/focus – mouth (correct); playful steps (correct in context of photo); hands holding (correct – on ropes)" Not bad for under a minute, but equally operationally not that useful. But my point, that is what a beginner can achieve. It also shows that targets can be acquired immediately, even though I would imagine that it takes several years of practice - probably in excess of five for hobbyists like

myself – to get sufficiently proficient to be of operational value. But clearly that is just a guess and some may be wryly smiling at my inexperience.

2. [5.2] The conclusions shown in section 5.4 of the document state that "in 28% of the sessions there was "may have accessed some feature of the target" and "as untrained remote viewers the subjects were almost completely unsuccessful." I am not sure that 28% represents "completely unsuccessful", especially for untrained novices. More so when you consider that some of them may have done a little self training prior to attending in the possible hope of doing better yet falling into the well recorded severe post initial success performance dip that pretty much every viewer has to work through. The conclusion then goes on to say "no one achieving any useful performance." That may be fair comment, but I wonder if the hysteria of the immediate post 9/11 aftermath made "useful" mean operationally as opposed to initial training useful? It is also good to read that "a follow on activity to be conducted.." so I assume that now a decade and a half later my country is at the cutting edge, leading the field. If not, why not? After all we do have some of the best brains in the world.
3. [5.3] I further note that in the conclusions it is written "the key issue in pursuit of scientific understanding of RV activity is getting talented subjects who will co-operate with scientific testing regimes." Let me offer my thoughts on this. Treat subjects as people not as guinea pigs. As I know from my own experience over the past year by learning RV you learn a lot and can offer a lot of useful feedback and suggestions about things that others may not even have considered that could be useful in future experiments. In the context of this document you used untrained beginners and perhaps your expectations [in post 9/11 hysteria] were out of tune with what was achievable at that moment in time [this is key for as society evolves abilities could reasonably be expected to evolve as well – though I admit that is an assumption]? Anyhow my point, be a team, involve people. Just because someone has multiple phds does not mean that they will understand remote viewing better than a housewife who can actually remote view. At least nowadays with so many public

> online sessions you can perhaps more easily find talented subjects. If their nationality, security status etc fits and if they trust who they are dealing with. In the diagram on instrument connections [in the declassified documents], two television cameras are near the viewers, that could have been off-putting for novices and negatively affected sessions through distraction by worry, looks etc. At least nowadays that could be done more covertly.

My Final Thoughts

Before I started trying to learn remote viewing a year ago I read this declassified document and thought that there were many glaring errors in it, from what I could read given the redactions, based on my own, I hope, reasonable knowledge of esoterics, based on many many thousands of hours of reading, reflection and practical self improvement. Now that I have spent a year remote viewing myself I still hold my ground that you went around it in a less than optimal way, though I have a better understanding of the time it was put together and how you did try to adhere to known best practices in a specific esoteric area that was new to me.

Now that all said while I realise that governments distance themselves publicly from such things, I do hope that somewhere in the depths we do today have a cutting edge team that helps keep us all safe, and provides ethical assistance to the police and commercial world. Though equally I accept that as powers that be change, those who see it all as nonsense could well have wrapped up the further investigations noted in the declassified document, though given that remote viewing definitely does work, I can only hope we are leading and not lagging. After all we do have some of the best brains in the world.

To be totally blunt about it, we have some of the best scientists and innovators in the world. Working with them and with multinationals, the foreign office and our police and security services (somehow deniably to keep our politicians happy), it could become self funding from innovation. And the best bit is that it could be structured so that you had a highly secured side and a more commercial side simply by having a good military tasker dealing with cleared viewers, while those with lower security clearances worked on more commercial applications.

And – directed at our (British) security services – you must be aware of the huge commercial and social changes that surround us, everything from water and food, through medicines, to the rebalancing of our worlds economy and political mights. Regionally the impact of austerity economics in Europe and the collapse of political trust. The fact that whistleblowers blow more often and even dare I suggest changes in more exotic fields like - what is the current phrase - "exotic helicopters?" all impact us in new ways.

9/11 may, as evidenced in this declassified document, have inspired Britain to try to expand its viewing base, but here and now, with all of the changes that surround us at this moment in time, surely it would be better to have a commercial competent team who could add value to our country and help strengthen our relative position in our world at a time we are becoming increasingly alone, as opposed to perhaps an old stuffy possibly empty room that is past its prime with what remaining old school esotericists we have keeping the ship float while trying to keep Gordians knot tied? I hope that we have retained and developed such a vitalised team to help us through the difficult years ahead.

My Next Steps and a Challenge for You

My next steps are simple. I am going to reflect for a while on my first year and then see if I can fathom out how to make good money, legally and ethically, out of remote viewing possibly in the global corporate world. I would also like to get my target practice to over 500 to give me half a chance of getting halfway decent at it, but that will take some years, time and money for training when I can.

So onto another little challenge that I will feedback the answer to in my next book which I expect will be published before the end of 2015. I will publish it when I have something further useful to contribute. This little challenge might show me to be a fool, or might positively add to the knowledge pool. Time will tell. I am bricking it!! Anyway "File 060215". Find out what it is in my next book. Hopefully some will learn from the feedback and analysis of this target.

Hope that you have enjoyed this book and found it useful.

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About The Author

Born into a broken home in a Scottish council estate I worked my way from loneliness to happiness, from being lost to answering the meaning of life question. Through education I carved myself a better life and qualified as a Chartered Accountant in a global firm before becoming a carer for my chronically ill and disabled wife. I have achieved many small things in life and kept picking myself back up when need be. I am a now sadly retired obese triathlete [due to spinal stenosis] whose weight once peaked at twenty seven and a half stone; who completed a marathon at over twenty stone, a man the masons rejected even though some call me brother; and philosopher. Having been fortunate to gain a level of understanding of why we are here and how the bigger picture of life fits together I have written my books to explain my experiences, and through them, ancient esoteric knowledge in a way that modern man and woman, that is you, can relate to daily life. I am fascinated by astrobiology and about the current stage of human evolution in the twenty first century. As I have found the meaning of life is indeed answerable. The question is do you want to answer it?

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